

THE RICH LIFE

28 DAY CALENDAR



OUR MINISTRY LEGACY

More than 20 Years of Transforming Women's Lives

For over two decades, Deborah Leaner Ministries has served as a place of strength, healing, and spiritual growth for women across the Washington, D.C., Maryland, and Virginia region. What began as a small circle of women seeking spiritual clarity has blossomed into a multi-dimensional ministry impacting thousands.

Through discipleship groups, leadership development circles, prayer gatherings, and our signature Divine Discipleship for Sisters (DDS) program, our work has reached over eight churches across the DMV, including one of the nation's most influential ministries — First Baptist Church of Glenarden, under the leadership of Pastor John K. Jenkins, Sr.

Our longstanding Monday and Wednesday prayer calls have carried women through seasons of transition, loss, purpose discovery, and breakthrough. Week after week, year after year, these sacred moments of intercession have been a spiritual anchor for countless women.

As our ministry continues to evolve, we remain committed to equipping women with biblical tools that help them grow spiritually, emotionally, and personally. Our newest initiative — The Rich Life Journey — continues this legacy by offering guided resources that open the heart, clarify purpose, strengthen faith, and support women in becoming who God designed them to be.

Not a replacement for our foundation, but an extension of our mission, The Rich Life reflects our heart to help women experience a deeper level of everyday living through biblical principles.

Across every gathering, prayer call, journal, teaching, and discipleship circle, our core commitment remains:

To lead women into clarity, confidence, wholeness, and the rich, abundant life God promised.

As we embrace this new Rich Life season — through the Prayer Calendar, the Discipleship Journal, and the many tools to come — we stand firmly on our history, our calling, and the women who have walked this journey with us.

his is our legacy.

This is our assignment.

This is the Rich Life.

ABOUT THE FOUNDER

Minister Deborah E. Leaner **Founder & Spiritual Leader, Deborah Leaner Ministries** **Creator of The Rich Life Discipleship Experience**

For more than two decades, Minister Deborah E. Leaner has devoted her life to teaching, coaching, uplifting, and transforming women through biblical principles, personal truth, and spiritual development. As the Founder and Spiritual Leader of Deborah Leaner Ministries, she has built one of the most impactful women's discipleship movements in the Washington, D.C., Maryland, and Virginia region.

Minister Deborah is the visionary behind Divine Discipleship for Sisters (DDS), a powerful discipleship program that has successfully graduated over 5,000 women, equipping them with spiritual clarity, emotional strength, and practical tools for everyday living. Her ministry has served in more than eight churches across the DMV, including a longstanding presence at First Baptist Church of Glenarden, one of the nation's most influential churches, under Pastor John K. Jenkins, Sr.

A dynamic communicator, Minister Deborah is a three-time award-winning talk show host of Ms. Deborah's Tearoom and the author of multiple books, including the newly expanded Rich Life Discipleship Collection. She currently serves as an Adjunct Professor of Communication at Prince George's Community College, where she equips college students with foundational and interpersonal communications skills and the confidence to express themselves with clarity and excellence.

Her leadership extends beyond the church walls—she previously served as the President of the National Association of Professional Women (NAPW) Washington, D.C. Chapter, later becoming Eastern Regional Manager, which led her to represent NAPW at the White House's 50th Anniversary of the Federal Women's Program alongside Star Jones and others hosted by President Barack Obama.

Minister Deborah's mission has always been clear: To equip women to live with clarity, purpose, confidence and spiritual abundance through biblical principles.

Her newest work, The Rich Life Discipleship Journal, is a continuation of that calling—offering women daily opportunities to deepen their walk with God, awaken their identity, expand their faith, and step boldly into the rich, purposeful life God designed for them.

With grace, elegance, and spiritual authority, Minister Deborah continues to serve as a teacher, coach, and Spiritual Leader to women seeking healing, direction, and a closer walk with God.

Her life is her ministry.

Her ministry is her legacy.

And her legacy continues through The Rich Life Collection

MEET THE CO-AUTHORS

Women of Faith, Strength, and Spiritual Grace

Laura

Laura is a devoted woman of faith whose gentle wisdom and steady spirit have strengthened this ministry for many years. She has faithfully led our Monday and Wednesday Prayer Intercessory Group, serving with dedication, love, and deep care for the women she covers in prayer. Her heart for encouragement and spiritual clarity has made her a trusted voice and a cherished pillar in our sisterhood.

Kissa

Kissa carries a tender, uplifting presence that ministers to women navigating healing, transition, and growth. She is both spiritual and deeply community-minded, faithfully leading the Outreach and Events areas of the ministry with creativity and compassion. She also serves a vital role on our Monday and Wednesday prayer calls, offering health and wellness “tips and bits” that help women stay watchful, whole, and intentional about living an abundant, God-honoring life.

Elaine

Elaine is a woman of maturity, wisdom, and unwavering faith. Her commitment to prayer, teaching, and spiritual mentorship has grounded and strengthened the women we serve. Each week, she lovingly serves the women through her encouragement cards, creating small but powerful moments of support that help women build and experience a Rich Life. Her kindness, consistency, and spiritual depth shine in everything she does.

WELCOME TO YOUR RICH LIFE JOURNEY CALENDAR

Dear Sister,

I am delighted and honored that you have chosen to begin this 28-day Rich Life journey. Whether you are entering a new season, seeking clarity, rebuilding your strength, or simply longing to grow deeper in God, you are in the right place. This calendar was created with you in mind — the woman becoming, healing, rising, and preparing for more.

For more than twenty years, I have watched women grow through biblical principles, prayer, and supportive sisterhood. This Rich Life Calendar is a continuation of that legacy — a fresh, renewed path designed to help you open your heart, your eyes, your life, and your future to the fullness of God's purpose. Each day, you will receive:

- A Scripture to anchor your heart
- A reflection to guide your thoughts
- A prayer to align your spirit
- An affirmation to strengthen your faith - Note: set your alarm to repeat your affirmation 3 times a day

Move at your own pace. Give yourself grace. And expect God to speak to you in ways both gentle and transformative.

My prayer is that as you walk through these 28 days, you will experience clarity, confidence, peace, and fresh revelation — and that you will sense God drawing you into the rich, abundant life He has always had for you.

Welcome, sister.

Your Rich Life begins here.

With love & grace,

Minister Deborah E. Leaner

Founder, Deborah Leaner Ministries

Creator, The Rich Life Journey

WEEK 1 — A SURRENDERED LIFE

DAY 1 — Foundation of Surrender

Affirmation: Today, I surrender my heart fully to God, trusting that He meets me right where I am.

Gentle Action Reminder: Reflect on one area you can lovingly release into God's hands today.

DAY 2 — Power of Humility

Affirmation: Humility opens the door for God's rich blessings to flow through my life.

Gentle Action Reminder: Notice one opportunity today to choose grace, gentleness, or humility.

DAY 3 — Surrendering Control

Affirmation: I release the need to control, and I embrace God's perfect peace and timing.

Gentle Action Reminder: Pause and whisper one thing you're ready to let God carry for you today.

DAY 4 — Daily Walk of Surrender

Affirmation: Each step I take today is guided, strengthened, and covered by God.

Gentle Action Reminder: Create or refresh a small morning ritual that brings you into God's presence.

DAY 5 — Embracing the Journey

Affirmation: I trust the journey God has me on, even when I can't see the full picture.

Gentle Action Reminder: Write a few honest thoughts to God about where you are on your journey

DAY 6 — The Blessing of Trust

Affirmation: God is trustworthy, and I rest in the safety of His direction and love.

Gentle Action Reminder: Think of one worry and gently give it to God in prayer.

DAY 7 — Surrender in Community

Affirmation: God has surrounded me with people who uplift, encourage, and support my growth.

Gentle Action Reminder: Send a message of gratitude to someone who strengthens your walk.

WEEK 2 - LIFE IN THE WORD

DAY 8 — Rooted in Scripture

Affirmation: God's Word is my foundation, and I grow stronger each time I read it.

Gentle Action Reminder: Read today's scripture slowly and highlight one verse to meditate on throughout the day.

DAY 9 — Hearing God Through His Word

Affirmation: God speaks to me through His Word, and I receive His wisdom with an open heart.

Gentle Action Reminder: Write down one sentence about what God is saying to you through today's passage.

DAY 10 — Living the Word

Affirmation: I am not only a hearer of the Word — I am a joyful doer of the Word.

Gentle Action Reminder: Choose one instruction or encouragement from today's reading and apply it before the day ends.

DAY 11 — Strength from Scripture

Affirmation: God's Word strengthens me, restores me, and empowers me to keep moving forward.

Gentle Action Reminder: Speak today's scripture aloud three times as a declaration of strength.

DAY 12 — The Word Renews My Mind

Affirmation: My mind is renewed and transformed through God's living Word.

Gentle Action Reminder: Write one thought you are replacing with God's truth from today's reading.

DAY 13 — Guided by the Word

Affirmation: God's Word guides my decisions, aligns my steps, and lights my path.

Gentle Action Reminder: Identify one area of your life where you need guidance — and pray using today's scripture.

DAY 14 — Delighting in God's Word

Affirmation: I delight in the Word of God, and it brings joy and clarity to my spirit.

Gentle Action Reminder: Spend two extra minutes savoring today's reading — reflect on what brings you joy.

WEEK 3 — A LIFE OF PRAYER

DAY 15 — Foundation of Prayer

Affirmation: My prayer life is built on God's presence, and He hears me when I call.

Gentle Action Reminder: Set aside 5 quiet minutes today to simply acknowledge God's presence before saying anything.

DAY 16 — Confidence in Prayer

Affirmation: I approach God with confidence, knowing He listens and responds according to His perfect will.

Gentle Action Reminder: Write down one prayer you've been hesitant to pray boldly— and bring it confidently to God today.

DAY 17 — Listening in Prayer

Affirmation: I make space to hear God's voice; His wisdom leads me in clarity and peace.

Gentle Action Reminder: Pause during prayer today and sit in silence for one minute, welcoming God to speak to your heart.

DAY 18 — Prayer That Transforms

Affirmation: Prayer is shaping my thoughts, strengthening my spirit, and transforming my life.

Gentle Action Reminder: Reflect on one way prayer has you recently — write it down.

DAY 19 — Staying Consistent in Prayer

Affirmation: I am faithful in prayer, and God is faithful to meet me there.

Gentle Action Reminder: Choose one specific time today to stop and pray — even briefly — and keep the appointment.

DAY 20 — Praying Over My Desires

Affirmation: I surrender my desires to God, trusting Him to align them with His purpose for my life.

Gentle Action Reminder: Bring one personal desire to God today — not to fix it, but to release it.

DAY 21 — A Lifestyle of Prayer

Affirmation: Prayer is not an event; it is the lifestyle of my heart, connecting me to God all day long.

Gentle Action Reminder: Offer three short “breath prayers” throughout your day — simple thank-yous, acknowledgments, or praises.

WEEK - 4 EXPERENCING GOD THROUGH EACH OTHER

DAY 22 — Connectivity, Community & Fellowship

Affirmation: God has created me for meaningful connection, and I am strengthened through Christ-centered community.

Gentle Action Reminder: Reach out to someone today — even a simple “thinking of you” counts — and strengthen your circle of fellowship.

DAY 23 — The Gift of Encouragement

Affirmation: My words carry power, and I am called to speak life, hope, and courage into others.

Gentle Action Reminder: Send one intentional word of encouragement today — a text, a call, or a heartfelt compliment.

DAY 24 — Serving Together

Affirmation: When I serve with others, God multiplies our impact and deepens our unity.

Gentle Action Reminder: Offer to help someone today or partner with a friend or family member to bless someone in need.

DAY 25 — The Power of Forgiveness

Affirmation: Forgiveness frees my heart, restores peace, and reflects the character of Christ within me.

Gentle Action Reminder: Release one small offense today — or pray for strength to forgive someone you’re still healing from.

DAY 26 — Sharing Our Stories

Affirmation: My story carries God’s fingerprints, and sharing it inspires healing, hope, and connection.

Gentle Action Reminder: Share a small testimony today — something God taught you, showed you, or carried you through.

DAY 27 — The Beauty of Diversity

Affirmation: God is glorified through the diversity of His people, and I am enriched by perspectives different from my own.

Gentle Action Reminder: Engage with someone whose background or experience differs from yours. Listen, learn, and appreciate their uniqueness.

DAY 28 — Reflecting God’s Love

Affirmation: I am a vessel of God’s love, and everywhere I go, His love flows through me.

Gentle Action Reminder: Show one intentional act of love today — kindness, generosity, patience, or compassion.